



A focus group discussion in Tanzania during 2021, one of many which have helped inform the research project between Northumbria University and Voluntary Service Overseas. Photo by Egidius Kamanyi.

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## Volunteering Together: Blending knowledge and skills for development

Volunteers with different backgrounds, skills and experience have always worked together to make a difference on an international scale, yet there is little evidence about how 'volunteering together' can be utilised to have a bigger development impact.

As we approach <u>International Volunteer Day</u> on 5 December, academics from Northumbria University have prepared a briefing paper, which will be the first

in a series, to highlight key findings from a collaborative research project between Northumbria and <u>Voluntary Service Overseas (VSO)</u>. The international charity works to recruit skilled volunteers from across the globe who work to bring about change by empowering people living in some of the world's poorest and most overlooked regions.

A team of six Northumbria staff, including project co-directors <u>Professor Katy Jenkins</u> and <u>Professor Matt Baillie Smith</u>, have been collaborating with researchers carrying out fieldwork in locations across Africa and Asia. They have built up a picture of the complexity of VSO's 'blended volunteering' model, where volunteers who have travelled from overseas (international volunteers), work with volunteers offering support in their own country (national volunteers), alongside volunteers who give their time to help in their local area (community volunteers).

<u>The research</u> includes case studies from Tanzania, Uganda and Nepal, helping to understand the different experiences and skills of individuals and communities who take part in or benefit from VSO's development projects.

So far, almost 160 participants - including current and former volunteers, representatives from partner organisations, and local stakeholders - have taken part in the research, through participatory workshops, interviews, and an online survey.

The participants who shared their views as part of the research have been involved in projects which support young people, education, livelihoods and healthcare programmes

Key research findings include:

- Diverse skills, behaviours and attributes of volunteers need to be identified and incorporated during the planning stages of a project with the fluidity of blended skills harnessed to ensure resilience, particularly in times of shock or crisis.
- Community volunteers have a unique role to play and organisations should spend time compiling more in-depth information on the skills and experience of individuals to ensure sustained impacts.
- Developing horizontal structures and management strategies for each project is key to empowering community volunteers and

ensuring local knowledge is used to its full potential.

As a Professor of International Development at Northumbria, Katy is committed to working in partnership with development NGOs, and grassroots and community organisations, with a particular focus on the impact of community volunteering.

Speaking about the VSO research project findings so far, she said: "I think the findings to date show quite clearly that there needs to be a shift in focus from the individual volunteer to thinking about volunteers in teams. Our data shows that skillsets are not specific to one type or modality of volunteer.

"Blended volunteering is typically a mix of international, national and community volunteers and what we are seeing is, particularly in the context of the pandemic, blended volunteering has enabled greater flexibility, with national and community volunteers using their skills to keep projects running in the absence of international volunteers who haven't been able to travel.

"Therefore, our recommendations so far include placing the diversity of volunteering experiences at the front and centre of each project and ensuring community volunteers feel valued and that their contributions are more visible. Often their local knowledge and experience is essential to success."

She added that the team behind the research, including those on the ground in Tanzania, Uganda and Nepal, hoped the findings would encourage a step change in how volunteering is understood and enacted by development organisations.

Final outcomes from the research, which is funded by VSO, are expected to be published in the spring.

Ezekiel Esipisu, VSO's Head of Programme Development, said: "The University of Northumbria study is a valuable addition to the increasing body of evidence about the value of the Blended volunteering model. These findings show that the diverse expertise, skills, knowledge and understanding contributed by different volunteer typologies informs the design and delivery of high-quality development programmes implemented by Voluntary Service Overseas.

"Particularly significant is the study's evidence of the role community and youth volunteers have continued to play in delivering Volunteering for Development programme impact. Community and youth volunteers play an integral part in successfully delivering VSO's programmes. They are trusted, enthusiastic and show unwavering commitment in supporting their communities, especially during the COVID-19 pandemic response and the current building back phase."

The roles of volunteers and activists as development and humanitarian actors is a significant theme for researchers of different disciplines at Northumbria, who work together as part of the University's <u>Centre for International</u> <u>Development</u> research group.

Their research addresses the activities of local volunteers in conflict settings, the roles of local volunteers in health promotion, the activities of international volunteers from across the globe, and the relationships between different types of volunteers and volunteering.

To find out more about the work of the Centre for International Development team and studying International Development at Northumbria, visit northumbria.ac.uk

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