

A study conducted by a team of psychologists has uncovered that belief in conspiracy theories flourishes in teenage years.

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14 COULD BE PEAK AGE FOR BELIEVING IN CONSPIRACY THEORIES

Belief in conspiracy theories is heightened as adolescents reach 14 years of age, reveals new research led by Northumbria University.

A study conducted by a team of psychologists from across the UK has uncovered that belief in conspiracy theories flourishes in teenage years. More specifically, they found that 14 is the age adolescents are most likely to start believing in conspiracy theories, with beliefs remaining constant into early adulthood.

The findings were discovered using the first ever scientific measure of conspiracy beliefs suitable for analysing younger populations. A paper detailing the research has been published in the [British Journal of Developmental Psychology](#) online today.

Addressing gaps in research

Previous research has demonstrated that conspiracy theories can affect people's beliefs and behaviours in significant ways. For example, they can influence people's views and decisions on important issues such as climate change and vaccinations.

With around 60% of British people believing in at least one conspiracy theory, understanding their popularity is important.

Despite their significance, however, all existing research on conspiracy theories has been conducted with adults, and research methods used to measure conspiracy beliefs have been designed only with adults in mind. To date, therefore, there has been a lack of knowledge about when and why conspiracy beliefs develop in young people, and how these beliefs change over time.

Now, a timely project funded by the British Academy has developed and validated a conspiracy beliefs questionnaire suitable for young people, called the Adolescent Conspiracy Beliefs Questionnaire (ACBQ). The project was led by Dr Daniel Jolley, Senior Lecturer in Psychology at Northumbria University, who worked in collaboration with Professor Karen Douglas (University of Kent), Dr Yvonne Skipper (University of Glasgow), Ms Eleanor Thomas (University of Birmingham), and Ms Darel Cookson (Nottingham Trent University).

Examining conspiracy belief by age

Academics worked with secondary school teachers to devise an initial list of 36 questions. The questions were then tested on a range of young people from schools across the UK through multiple studies, allowing the team to confirm a list of nine questions that effectively measure young people's belief in conspiracy theories. The ACBQ includes statements such as "secret societies influence many political decisions" - participants completing the

questionnaire are asked to respond to each statement on a scale from 1 (*strongly disagree*) to 7 (*strongly agree*). A higher mean score indicates a higher belief in conspiracy theories.

[Dr Daniel Jolley](#) said: “Our project has put the spotlight on young people’s conspiracy beliefs for the first time. As part of our scale construction, we uncovered initial evidence that paranoia and mistrust are associated with conspiracy beliefs in young populations. We also found that by the age of 14, conspiracy beliefs appeared to remain constant. Exploring the psychological antecedents and consequences of conspiracy thinking in younger populations is important and timely.”

Vanessa Cuthill, Director of Research at the British Academy, said: “The British Academy is proud to support research that helps deepen our understanding of people and society. High-quality, independent research in the humanities and social sciences points us towards new ways to think about our most pressing concerns. This study is a great example, providing us with new ways in which we can learn more about the origins of conspiracy beliefs and the impact social media and digital technology have on the lives of young people.”



[Watch video on YouTube here](#)

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Notes to editors:

- **The academic paper entitled *Measuring adolescents' beliefs in conspiracy theories: Development and validation of the Adolescent Conspiracy Beliefs Questionnaire (ACBQ)* has been published in the [British Journal of Developmental Psychology](#) today (Tuesday 9 February 2021).**
- **The Adolescent Conspiracy Beliefs Questionnaire (ACBQ) is available to download [here](#). A short animation describing the research can also be found on [YouTube](#).**
- **Authors: Daniel Jolley, Northumbria University (lead author); Karen Douglas, University of Kent; Yvonne Skipper, University of Glasgow; Eleanor Thomas, University of Birmingham and Darel Cookson, Nottingham Trent University**

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Northumbria is one of the largest universities in the UK with more than 30,000 students from over 130 countries

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For interviews and briefings, please contact Sean Canty at the British Academy Press Office on s.canty@thebritishacademy.ac.uk or +44 (0)207 969 5273.

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Contacts



Rik Kendall

Press Contact
PR and Media Manager
Business and Law / Arts, Design & Social Sciences
rik.kendall@northumbria.ac.uk
07923 382339



Andrea Slowey

Press Contact
PR and Media Manager
Engineering and Environment / Health and Life Sciences
andrea.slowey@northumbria.ac.uk
07708 509436



Rachael Barwick

Press Contact
PR and Media Manager
rachael.barwick@northumbria.ac.uk
07377422415



James Fox

Press Contact
Student Communications Manager
james2.fox@northumbria.ac.uk

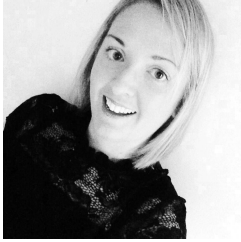


Kelly Elliott

Press Contact

PR and Media Officer

kelly2.elliott@northumbria.ac.uk



Gemma Brown

Press Contact

PR and Media Officer

gemma6.brown@northumbria.ac.uk